



COLOR THERAPY

CHOOSE YOUR COLOR!

LIGHT AND COLORS ARE ESSENTIAL FOR OUR BODY AND SOUL

ACCESSORY FOR BIOPTRON Pro 1 DEVICE



Color Therapy is a way of using colors and light to balance and enhance our body's energy centres. Color Therapy is working on a holistic level, affecting the mind, the body and the spirit. Knowing the healthy effects of colors on the organism, the BIOPTRON Pro 1 Color Therapy has been developed to ideally complement your well-being and health.

BIOPTRON Pro 1 Color Filters of highest quality offer brilliant color intensity and let through only the desired part of the light spectrum, reflecting the remaining light.



Hhealth is contingent upon balancing not only our physical needs, but our emotional, mental and spiritual needs as well. The color chakra therapy principle is based on the assumption, that colors are associated with seven main chakras, which are spiritual centers in our bodies located along the spine. These chakras are like spirals of energy, each one relating to the specific area.

Chakra (pronounced sha-kra) is the Sanskrit word for "wheel". It is assumed that chakras store and distribute energy. There are seven of these chakras and each is associated with a particular organ or system in the body. Each chakra has a dominant color, which may become imbalanced. If this happens it can cause a disorder and physical ramifications. By introducing the appropriate color, the disorder is considered to be improved (healed).

To your right is a description of each chakra, its corresponding color and body area location.

Color	Chakra
Violet	Crown
Indigo	Brow
Blue	Throat
Green	Heart
Yellow	Solar Plexus
Orange	Sacral
Red	Base



Qualitative aspects of colors

The following extract of Dinsha's color therapy doctrine* is given as a sample for possible work with color light. It is not meant to be a fixed doctrine of BIOPTRON AG.

(* Darius Dinshah: Let There Be Light, NJ USA, ISBN 0-933917-00-7)

Red	Stimulates the sensoric nervous system, takes care of the quick excretion of impurities of the skin, activates the labour of the liver, stimulates the forming of haemoglobin, helps against burning with UV and X-rays.
Orange	Has an effect on the breathing system, stimulates the thyroid gland, is spasmolytic, stimulates the breast glands (milk production), stimulates the stomach, supports the nausea (after having consumed food hard to digest), helps when suffering flatulence, stimulates the forming of bones and tissue.
Yellow	Has an effect on the motoric and sensoric nervous system, stimulates the lymphatic system, has an effect on the digestive system, helps the digestion, is laxative, helps to regulate the spleen, eliminates worms and parasites, brightens up your mind when depressed.
Green	Helps to regulate the cerebral functions, helps the forming of new muscles and tissue, has an antiseptic and disinfectant effect, stimulates the hypophysis.
Blue	Helps to relieve itching, activates sweat, slightly calms down, descends high temperature and stops infections, stimulates the epiphysis, increases the vitality and the well-being.
Indigo	Has a regulating effect on the parathyroid, calms down the breathing, is astringent and styptic, strengthens the immune system (is good for the forming of phagocytes), has an effect of the breast glands and reduces the milk flow, relieves pain and calms down.
Violet	Stimulates the spleen, has a tranquillizing effect on the muscle activity including the heart, tranquillizes the nervous system (tranquillizer), helps to form leukocytes.



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